

HDR Educational  
Services

*Two Live Course  
Offerings Coming to  
Your Area!*

**Reflex Integration  
for Infants with  
Autism and  
Neuro-  
Developmental  
Challenge**



**Reflex Integration  
to Address Autism  
and Neuro-  
Developmental  
Challenge in  
Early Childhood**



**Friday and Saturday  
November 13-14, 2009  
DoubleTree Hotel Denver Tech  
Greenwood Village, CO**

## Reflex Integration for Infants with Autism and Neuro-Developmental Challenge

Use the power of infant reflexes and developmental movements to address autism spectrum disorder, developmental delay and challenge in a systems approach. Participants will apply reflex principles and therapies to support healthy neurodevelopment in the first year of life. This course introduces therapists to specific reflexes (Moro and TLR) that support development of vestibular and auditory systems. Therapists will be introduced to the interactive nature of reflex integration with system maturation. Course format includes lecture, demonstration, movement and hands-on lab, group discussion and cases. Participants are asked to bring a mat, pillow and seating (a cushion or back-jack) for floor activities.

### Objectives:

*At the conclusion of this workshop, participants will be able to:*

- Understand generally how reflexes dynamically affect systems' development and function
- Understand stages of reflex maturation
- Understand how specific reflexes support specific development and function

- Recognize and assess traits of specific immature or retained reflexes
- Provide treatment activities to support maturation of specific reflexes

### Date/Location

Friday, November 13  
DoubleTree Hotel Denver Tech  
*(Room rates have been secured at \$89.00. Hotel phone: 303-779-6161)*  
Greenwood Village, CO

### Workshop Hours

7:45 a.m. - Registration  
Workshop begins at 8:00 a.m. and concludes at 4:30 p.m.

### Presenter

Catherine Burns, RSMT, CST

### CEU's

7

### Designed for

SLP/OT/COTA/PT/PTA/ Early Childhood Providers/Int. Participants

### Workshop Cost

**Early Rate: \$168**  
*35 days or more prior to workshop*  
**Standard Rate: \$198**  
*10 to 34 days prior to workshop*  
**Last Chance Rate: \$228**  
*Less than 10 days prior to workshop*

For more information please see our website at: [www.hdrtherapy.com](http://www.hdrtherapy.com) and click on "Continuing Ed"

## Reflex Integration to Address Autism and Neuro-Developmental Challenge in Early Childhood

Use the power of reflexes to address autism spectrum disorder, behavior issues, developmental delay and challenge in a systems approach. Participants will apply reflex principles and therapies to support health neuro-development for children from 1 to 8 years old. This course introduces therapists to specific reflexes (ANTR and STNR) that support development of vestibular, proprioceptive, tactile, visual and auditory systems. Therapists will be introduced to how immature flexes affect school function and behavior. Course format includes lecture, demonstration, movement and hands-on lab, group discussion and cases. Participants are asked to bring a mat, pillow and seating (a cushion or backjack) for floor activities.

### Objectives:

At the conclusion of this workshop, participants will be able to:

- Understand generally how reflexes dynamically affect systems' development and function
- Understand stages of reflex maturation
- Understand how specific reflexes support specific development and function
- Recognize and assess traits of specific immature or retained reflexes

- Provide treatment activities to support maturation of specific reflexes

### Date/Location

Saturday, November 14  
DoubleTree Hotel Denver Tech  
(Room rates have been secured at \$89.00. Hotel phone: 303-779-6161)  
Greenwood Village, CO

### Workshop Hours

7:45 a.m. - Registration  
Workshop begins at 8:00 a.m. and concludes at 4:30 p.m.

### Presenter

Catherine Burns, RSMT, CST

### CEU's

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Less than 10 days prior to workshop

## About the Presenter:

Catherine Burns, RSMT, CST as a registered somatic movement therapist and craniosacral therapist supports children with autism and other neuro-developmental issues. In her private practice, MamaBebe, she has provided therapies and education for perinatal women and young children for 16 years. Catherine has led staff trainings for early childhood developmental issues in various venues including ECFE and childcare providers. Catherine has been published three times in the Currents Journal and has presented twice at the national conference of the Body-Mind Centering Association®. She completed RSMT through the International Somatic Movement and Educators and Therapists Association (ISMETA) in 2004. Catherine certified as an Infant Developmental Movement Educator through the School for Body-Mind Association® and as a Craniosacral Therapist with Dr. Carol Phillips, DC in 2004. She was certified in Hakomi Somatic Psychotherapy for Bodyworkers in 1997 and as a massage therapist in 1994. Somatic therapies employ movement as the link between body and mind. Reflex integration provides research based, specific interventions as natural, developmental supports for brain organization and function.

### Continuing Education

Certificate of Attendance listing appropriate information will be handed out at the conclusion of the workshop. This will enable you to register your credit with the appropriate licensing board or association.

### Registration Procedure

Preregistration is required for all workshops. Please complete the **Registration Form** and mail with the registration fee made payable to **HDR Educational Services**. Credit card registrations may be faxed to **763.689.5558** or phone to **1.800.243.5383** or **763.689.5385** (Minneapolis area metro number), or you may register online at [www.hdrtherapy.com](http://www.hdrtherapy.com) and click on [continuing ed workshops](#).

### Confirmation Letters

Confirmation letters will be sent **two weeks** prior to the workshop you are attending. If you want to know if your registration and payment have been received prior to that time, please call.

**You are considered registered when HDR has received your payment.** Workshops will be filled on a first-paid, first-registered basis. A phone call and/or message does not constitute a guaranteed spot in a workshop. If a workshop is filled we will notify you and place you on a waiting list and you will be contacted if space becomes available.

### Cancellations

If HDR Educational Services must cancel the workshop, you will be contacted and your registration fee will be refunded in full. Cancelled registration requests must be received in writing before the date of your workshop. You will receive a refund of your paid tuition less a \$20 administration fee. Refund requests will not be accepted after the date of your workshop. HDR is not responsible for any nonrefundable travel plans you made.

## REGISTRATION

Duplicate form as needed.

One registration form per participant.

Name (Please print or type your name as you wish it to appear on name tag/certificate.)

Home Address (To send confirmation letter.) Apt. #

City

State Zip

( ) Business Phone Ext. #

( ) Home Phone

Title/Position

Company/Organization

Register me for:

- Reflex Integration for Infants with Autism and Neuro-Developmental Challenge**  
Friday, November 13, 2009  
DoubleTree Hotel Denver Tech, Greenwood Village, CO
- Reflex Integration to Address Autism and Neuro-Developmental Challenge in Early Childhood**  
Saturday, November 14, 2009  
DoubleTree Hotel Denver Tech, Greenwood Village, CO

Method of Payment:

- Check is enclosed for: \$ \_\_\_\_\_
- Please charge to my **Visa/Master Card**
  - Personal Card  Company Card

Print Cardholder's Name

Cardholder's Signature

Card Number Exp. Date

Billing Address for Credit Card (if different from registration address)

Mail, Phone or Fax it in.

Mail registration form and check made payable to:

**HDR Educational Services**  
1994 East Rum River Drive South  
Cambridge, MN 55008-2663

**Phone: 763.689.5385 or 800.243.5383**  
**Fax: 763.689.5558**